30°E
45°E
60°E
75°E
90°E
105°E
120°E
135°E
45°N
30°N
15°N
RUSSIA
Lake Baikal
KAZAKHSTAN
Ulan Bator
MONGOLIA
Urumchi
UZBEKISTAN
KYRGYZSTAN
Dolonnor
MANCHURIA
Gobi Desert
Dunhuang
Beijing
NORTH KOREA
TURKMENISTAN
TAJIKISTAN
Taklamakan Desert
Caspian Sea
Wutaishan
Lake Kokonor
Xining
AMDO
Lanzhou
Yellow
SOUTH KOREA
JAPAN
Yellow Sea
Khotan
SWAT
GILGIT
K2
KASHMIR
LADAKH
Hindu Kush
Bamyan
ZANGSKAR
Leh
GANDHARA
CHINA
Xi'an
AFGHANISTAN
NGARI
TIBET
IRAN
SPITI
Dharamsala
Spiti
Derge
KHAM
Tsaparang
Mt. Kailash
Tholing
Lake Manasarovar
Lake Namtso
TSANG
Ü
Yangzi
Chengdu
PAKISTAN
Sutlej
Batang
Litang
Dartsedo
Dhasa
East China Sea
NEPAL
Himalayas
Shigatse
Tsangpo
New Delhi
Sakya
Cyantse
Mt. Everest
SIKKIM
Thimphu
Kathmandu
Lumbini
BHUTAN
Indus
Ganges
Darjeeling
Brahmaputra
Kushinagara
ASSAM
Sarnath
Vikramashila
Varanasi
Nalanda
BANGLADESH
Bodhgaya
TAIWAN
INDIA
Dhaka
MYANMAR
Arabian Sea
Salween
LAOS
Bay of Bengal
South China Sea
THAILAND
Mekong
CAMBODIA
VIETNAM
PHILIPPINES
SRI LANKA
BRUNEI
MALAYSIA